



Building Collective
Food Security
Resilience Project

Cultivating Collective Food Resilience

Centering voices into action

This guide has been created to help communities map their collective journey to increase resilience through reflection, integration and action. The spiral design reflects the cyclical nature of this work. Moving through the spiral, we aim to strengthen our communities.



LITTLE MOUNTAIN
NEIGHBOURHOOD HOUSE
NEIGHBOUR HELPING NEIGHBOUR



THE UNIVERSITY OF BRITISH COLUMBIA
Centre for Community Engaged Learning

This work takes place on unceded Indigenous land belonging to the Coast Salish peoples, including the territories of the xʷməθkʷəy̍əm (Musqueam), Skwxwú7mesh (Squamish), Stó:lō and Səlilwetaʔ/Səlilwitulh (Tsleil-Waututh) Nations.



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This table acts as a guide to using the infographic. The reflection questions are intended to guide organisations to examine their practices during this journey.

Phase	Cycle	Strategy	Reflection Questions
Reflection	Grounding For Regenerative Growth	Rooting ourselves in land & place	<i>How do we embark on this journey from a place of positionality and with an intersectional lens? How do we position our work as embedded in the lands we live on?</i>
	Expanding Our Table	Making space in the conversation	<i>Who isn't at the table and what are the barriers to participation? How do we host a diversity of perspectives?</i>
	Bringing Together Our Recipe	Gathering diverse knowledge and perspectives	<i>Where are the gaps in understanding the processes and systems that affect our work? What ingredients are missing?</i>
Integration	Digging Deeper	Unearthing root causes to move beyond surface level analyses	<i>What is embedded in the soil of your organization & how can it be turned? How do we challenge past experiences and plant seeds for change?</i>
	Harvesting Knowledge	Continually harvesting and growing - this is regenerative work - it doesn't end	<i>How can we create a body of living knowledge with clear pathways to action? How do we care for and nurture people and their shared knowledge?</i>
	Sharing Our Harvest	Taking what you need and giving back what you can	<i>How can we share lessons with our networks? How are we honouring the cycle of giving & receiving for sustainability?</i>
Action	Cultivating Our Networks	Nurturing diverse connections & partnerships	<i>How can we create rich and deep relationships within and between organizations? How can we collaborate to build mutual resilience?</i>
	Honing Our Recipe	Committing to long term systemic change	<i>How are we adapting to people's lived experiences and needs? What can be changed to make the recipe work better for our communities?</i>
	Feasting Together	Nourishing ourselves and our communities	<i>How can we share resources to support sustainable change? How do we implement the lessons learned as we continually spiral through this process?</i>